



Safe Schools Manitoba CYBERSAFETY



Check off these tips to help keep you safe in cyberspace.

- My home computer is in an open area in the house, such as a kitchen or family room.
- I do not use the computer or cell phone to spread hurtful comments, rumours or threats.
- I do not send messages when I am angry.
- If someone sends me a message that hurts my feelings, frightens, threatens me, or makes me feel uncomfortable, I tell my parents, teacher or another trusted adult.
- If I read hurtful comments, rumours or threats about myself or others I block the sender's message and tell a trusted adult.
- I do not respond to these messages, instead I save them and show them to a trusted adult.
- I do not open messages from someone I don't know.
- If someone I don't know tries to connect with me when I am on the computer, I tell my parents, teacher or another trusted adult.
- I never give out private information such as:
 - my name, address, phone number, cell number
 - my parents' names and places of work
 - my school name
 - my instant message name
 - my email address
 - my password
 - photos of myself or others
- I tell a trusted adult immediately if a person on line asks for private information or asks to meet me.

Sources:

www.cyberbullying.org

www.deal.org

www.media-awareness.ca