



Cyber safety Check List

- ✓ Check off these tips to help keep you safe in cyberspace.
- My home computer is in an open area in the house, such as a kitchen or family room.
 - I do not use the computer or cell phone to spread hurtful comments, rumours or threats.
 - I do not send messages when I am angry.
 - If someone sends me a message that hurts my feelings, frightens, threatens me, or makes me feel uncomfortable, I tell my parents, teacher or another trusted adult.
 - If I read hurtful comments, rumours or threats about myself or others I block the sender's message and tell a trusted adult.
 - I do not respond to these messages, instead I save them and show them to a trusted adult.
 - I do not open messages from someone I don't know.
 - If someone I don't know tries to connect with me when I am on the computer, I tell my parents, teacher or another trusted adult
 - I never give out private information such as:
 - my name, address, phone number, cell number
 - my parents' names and places of work
 - my school name
 - my instant message name
 - my email address
 - my password
 - photos of myself or others
 - I tell a trusted adult immediately if a person online asks for private information or asks to meet me.

Sources:

www.cyberbullying.org

www.deal.org

www.media-awareness.ca